

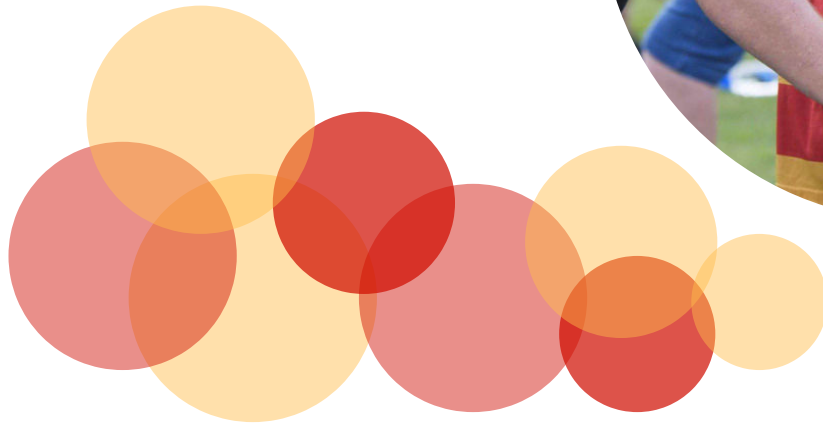


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Halberg Disability Sport Foundation



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parafed waikato

Newsletter

October- December 2018



welcome

from your Parafed Officer

Hello and welcome to the fourth edition of the Parafed Waikato Newsletter for 2018. This newsletter celebrates the success of our athletes and shares their stories.

This year has been a busy one for Parafed Waikato and it has been great to be able to see all of our athletes achieving in their various sports. We are looking forward to another big year in 2019.

This newsletter is packed with interesting things that are happening with Parafed Waikato and remember we now have Ross Flood a roving reporter so if you have a story that you think needs covering let us know and Ross will get on to it.

Remember all sporting information can be found at our website at www.parafedwaikato.co.nz

Thanks to everyone who contributed to this newsletter. My email is david@parafedwaikato.co.nz if you would like to share your sporting story in the next issue. Also if you know of anyone who would like to get this newsletter please email their details to david@parafedwaikato.co.nz

David

parafed waikato

on the Web

If you haven't found our Facebook page yet go to www.facebook.com and search for Parafed Waikato or click the Facebook icon below. "Like us" and you will be kept informed of all of the latest Parafed events and information.

All of our other information and membership forms can be found at our website www.parafedwaikato.co.nz





message

From the Board

Ho Ho Ho and Merry Christmas from the Parafed Waikato Board. 2018 has been a great year for us. Some particular highlights for me include our Parafed 50th and Chris and Tiffiney receiving Life memberships for service to Parafed Waikato. Also the many other well deserved awards given to our Parafed members and partners over the years.

Another highlight was sending our junior team to compete at the Halberg Games in October. Both of these events were organised and led by Cathy Wooller our newest staff member. Another highlight was Cathy joining us in April and myself and Cathy heading to Christchurch to join a workshop with Parafed Bay of Plenty and Parafed Canterbury.

Lastly all our regular sports, trainings, events and Fitness Rev sessions have all been well organised by our capable staff, board, members and volunteers. A big thanks to everyone who continues to be involved in Parafed Waikato. We are a small organisation with big ideas and we welcome all your feedback and suggestions of what you want to see from our organisation.

Another shout out must go to Sue Fookes who is our trusty treasurer and gives countless voluntary hours to ensure Parafed Waikato keeps ticking along so our members are able to pursue their goals.

We look forward to enjoying a drink with you all on December 9th at the Christmas Party.

bequest

Leave a Legacy

Our organisation started operating when one of our member's left a bequest to Parafed Waikato. A bequest is your special gift to help Parafed Waikato to facilitate opportunities to Waikato's physically disabled and visually impaired that are global, national, local, competitive and social. Help to create a lasting legacy for generations of disabled people to improve their life quality through active participation.

Maybe you could consider leaving a gift to Parafed Waikato in your will.

We would like to invite you to visit the following link:

<https://parafedwaikato.co.nz/wp-content/uploads/2017/08/Bequest-Intention-Form.pdf>





message

from your sport development officer

After working as the Project Manager for Parafed Waikato for the last 6 months, I have been appointed as the Sport Development Officer. In this new role, I will be looking at strengthening our current sports as well as developing further sporting opportunities for our athletes. Initially I will be focusing on setting up a youth club and we will kick start this off in term one, 2019 with a swim squad.

Please contact me at cathy@parafedwaikato.co.nz or on 027 318 0497 if you would like to become a member of our youth club and are also keen to join our swimming squad. We will also be offering fun, social and recreational activities for our youth club.



new location

for Fitness Revolution

We have had to change location for Fitness Revolution as Athlete Nation has closed. The new venue is Snap Fitness Hamilton North, 6/697 Wairere Drive, Hamilton. Still Tuesdays and Thursdays 1.30-2.30pm.



upcoming events

Don't miss out

Parafed Christmas Party

All members, families and volunteers are invited to our Christmas Party!

2pm, Sunday December 9th.

23 Dromara Drive, Rotokauri.

Bring a salad, dessert or vege dish & bring your togs for a swim.

RSVP to Tiffiney 07 849 1178, 021 522 735, tperry@perry.co.nz

If you need more information about any of these events please contact info@parafedwaikato.co.nz





fitness revolution

Get Fit

Fitness Revolution is for physically disabled people, including those with visual impairments, to improve their fitness, coordination and overall well-being.

The programme runs on Tuesdays and Thursdays from 1:30pm until 2:30pm at Snap Fitness Hamilton North, 6/697 Wairere Drive, Hamilton.

For more information on the programme or to register for a session please contact David Klinkhamer 07 858 5388, 027 212 5496 or david@parafedwaikato.co.nz

The programme is sponsored by Life Unlimited. For more information on Life Unlimited and their range of services please see their website www.lifeunlimited.net.nz



membership

If you are not already a member or to renew your membership please go to our website www.parafedwaikato.co.nz

- Full Membership \$35
- Junior Membership \$20
- Social Membership \$20





halberg games

by Cathy Wooller

A big thanks to all of our Waikato athletes and supporters who attended the Halberg Games at Kings College in Auckland in October.

Our athletes were very inspiring and gave it 100% over the 3 days and made us very proud. Thanks to all the staff and parents for your help and support and for also representing the Waikato with such positivity in the supporters/parents swimming and athletics relays. It was great to see the team bond together and there are already a lot of very close friendships formed from the Games.

Congratulations to the following Waikato athletes:

Danielle Aitchison for winning the Athletics classified overall senior female.

Troy Robertson for winning the best Boccia ramp player.

Liam Carter for being the best or most promising for POP tennis.

Amy Dunn for being the best or most promising for Badminton.

Natasha Rive for being the most deserving at Water safety.

We were very thankful and grateful that we had Waikato team jackets sponsored by DG Sport, the team looked great in these.

Great fun was had at the post Halberg Team get together on Sunday 25th Nov. The gumboot throwing competition was such a laugh. A big thanks to Keryn Branje for hosting the team at her property. Congratulations to Andrew Fairweather for being presented with the magic moment award of the 2018 Halberg Games and Ryan Branje for being presented with the awesome attitude award of the 2018 Halberg Games.





sports reports

by Danielle Aitchison

Halberg Junior Disability Games 5-7 October 2018

"I attended the Halberg Games for the second time this year. The games are an amazing opportunity to have fun with people while trying a range of different sports. When attending the games last year, this is where I got really inspired into athletics and found I had a talent. The games was the first stepping stone in my athletics journey. Since then I have competed at some big events like Secondary Schools, NZ Nationals, Victoria Championships in Melbourne and have been very successful. I currently hold 9 NZ records and have really big aspirations of representing NZ in the olympics some day. The Halberg games for me are always a really cool event that I look forward to every year now. I have made so many friends and love to always try new sports that they have on offer. You never know what you might be good at like me for athletics. If you ever get the opportunity to attend the Halberg Junior Disability Games, take it, because trust me you won't regret it. The people, sports available and the atmosphere is something you will want to be apart of. I would also like to thank Parafed Waikato, especially Cathy for her amazing support in leading the Waikato team at the Games. I am really intrigued to see what the future has to offer to all the athletes of Waikato."

Para Swimming Camp at St Peters 10 November 2018

"Swimming Waikato held a swimming development camp for para swimmers to attend. I attended along with as many other athletes because I love swimming and wanted to learn new skills. This was a great day which consists of an introduction, dryland and pool session. During lunch, we were able to catch up with our friends that we made from other events like the Halberg Games. After lunch we had a guest speaker, Daniel Bell. I had a great day swimming, hanging out with friends and learning new skills. I am looking forward to the next swimming camp."



boccia wrap up

by Ross Flood

The Waikato Boccia club has had a very successful year with up to 14 players occupying the courts every Tuesday evening at Fairfield College. Members participated at all levels during the year.

BC3 player Troy Robinson travelled overseas to represent NZ at the TAIWAN Asian/Pacific regionals. At the time of writing this article it sad to hear that Troy had to pull out of his competition due to illness after a strong showing earlier in the tournament. Better news hot off the press is that his pairing partner Greig Jackson won a bronze in the individual event. Greig is from the lower North Island but I think we can claim him as our own after performing such mighty deeds!!!

Troy, Maurice Toon and Vishal Chandra attended the NZ Nationals in October. All three had success playing in their individual categories. After winning gold in the BC2 event Toonie, a veteran of the 2004 Paralympic team which won silver in Athens, announced "I still have it for an old man" Actually his words might have been stronger that that but we get your drift Toonie.

At the grass root level our youngest member Rhys Wykes (pictured) travelled up to the Halberg games at Auckland's Kings College. As well as boccia Rhys joined in the swimming and athletics events. He thoroughly enjoyed the experience and he definitely aim to go back next year.

Waikato boccia would like to express their appreciation to volunteer Brandon Chew who enthusiastically organised boccia activities all year. "I really enjoyed the experience and have been constantly amazed at how complex the sport of boccia can be. I also like the way boccia caters for the social as well as the elite player," said Brandon.

See ya all next year.



shooting

by Larry Faaaliga

Parafed Waikato Shooting Club trip was a great success with our athlete finishing in First Place in their grade for 10 metre air rifle.

A big thank to Parafed Waikato for their support and assistance with the travel needed to complete this year's event in Christchurch. A big thanks to the all the people that helped make this event a success for all, we are looking forward to the challenge next year.

Our Parafed Waikato shooting club are looking for some more members. We have a great programme and some shooters with huge potential but would love more people to join us.

Our club shoots at the Hamilton Pistol Club, Airport Road on Thursdays 6pm-8pm. Contact david@parafedwaikato.co.nz for more information.



lawn bowls

by Lynda Bennett

The Disabled Nationals were held in Wellington (Naenae Bowling Club) 12 November –15 November. The weather was absolutely gorgeous with most days being as warm as 21 degrees. Only one afternoon while I was playing off for third and fourth did I actually experience 'windy Wellington'.

I was fortunate enough to be able to control my bowls in the wind and came out as the third place winner, winning 21 shots to 4. In the final of the pairs against Mark Noble (skip of Commonwealth team triples) and Paul, it was a different story. There was a slight breeze and I struggled to get my weight. Mark beat Barry Helm and me quite easily, so we got a silver medal in the pairs.

In the triples Geoffrey Carseldine would have thought he would be in for a medal line up, but saw his team lose two games in the morning. Jeremy Smithers, Gary Taylor and Pam Walker came runner up in Pairs dropping only one of their four games. It was a great effort by Jeremy to lead so well. Well done to two of the newer players to Disabled Nationals and Waikato Parafed. in obtaining a medal.

Highlight of the games saw Chen Naude (another Waikato Parafed member) take out the cup for best improved player. It was another great week with fourteen new players being classified by Vicky Melville.

Thanks to Waikato Parafed for your continued support in funding us to get to our Nationals/ Next year Nationals are in Christchurch.



wheelchair rugby

by David Klinkhamer

Waikato Wheelchair Rugby celebrated the season with a nice end of year dinner. It has been another very successful year for the DG Sport Waikato Stampede.

We defended our NZ Low Point National title and our NZ National title. Robbie Hewitt and Cameron Leslie represented us at the Wheelchair Rugby World Championships. Bevin Jenkinson and Calvin Hewitt also represented us well with some excellent commentary during that event. Tony Dinnington has been to various tournaments overseas as a referee and technical commissioner.

We have had great local trainings and have welcomed new players Mitch, Amy and Georgia to the team. We also held an enjoyable Stampede League tournament with the boys from Bay of Plenty.

This year our Most Improved Player award was won by Amy Dunn. Our Most Valuable player award was jointly won by Robert Verner and Robbie Hewitt. They are all very deserving of these awards.

A huge thank you to our fantastic volunteers, supporters and sponsors who have made this season so successful, especially Parafed Waikato, Brian Perry Charitable Trust and Direct Group Uniforms.

Go Waikato!!!



activ8 tennis

by Tiffiney Perry

The Parafed Waikato Wheelchair Tennis Activ8 weekend was a great success. We had to move it to November to drum up some more players but once people remembered they loved tennis it was all good. We held a singles tournament on the Saturday which included one set each against all players – 7 in total.

Dave Venter was the ultimate winner of this tournament with Brendan Mes being runner up.

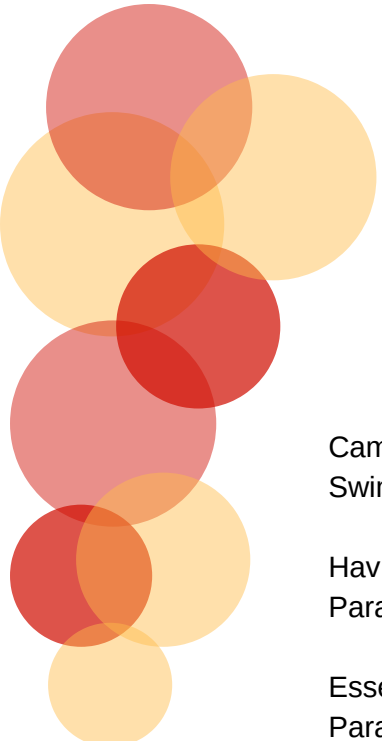
We also held our AGM which was to elect new committee members for New Zealand Wheelchair Tennis.

On the Sunday we ran a doubles tournament and this was also great with Tiffiney Perry and Dave Venter winning this and James McCleod and Terri Hererahi were runners up.

We also held a two hour coaching clinic on the Sunday afternoon with three junior girls taking part which was great to see some new interest in this great socially competitive sport. We will definitely be following up with these players next year to run something else in term one.

Thanks to Nikki Howlett for running a tight ship. We also had a BBQ lunch each day which was awesome.





swimming

by Cameron Leslie

Cameron Leslie here, the new National Para Swimming Development Coordinator for Swimming NZ.

Having just finished with Parafed Northland, I understand a lot about the world in which Parafeds operate.

Essentially though, in my role I'll be the primary contact for community enquiries regarding Para swimming. My role will see me working closely with Paralympics New Zealand and other key stakeholders to ensure an aligned and coordinated pathway from grassroots to high performance is achieved.

I'll be working with regions, clubs, their coaches and members' parents so all will have a clear understanding of how to get involved in Para swimming and what a pathway looks like through to high performance.

I'll also be leading the development of a Para Swimming Strategy for SNZ with the aim to foster, develop and grow Para swimming to ensure a continuous stream of Para swimmers achieving on the world stage.

In a very summarised way that'll be my job.



powerchair football

Will van Vroonhoven

Will, Jo and I wanted to say a big thank you to all those people and supporters who helped him get to the Australian Powerchair Football nationals held recently in Brisbane, Australia. Without you we wouldn't have got there.

Being named in the New Zealand squad back in July was a great privilege and very exciting, but the financial realities of going to the national training camp in August and then to Brisbane in September, with Jo and I to support him, was a whole new challenge. But, with your help, we made it. I wanted to tell you how it all went.

The tournament itself was the Australian State championships. There were 7 entries; NSW, Queensland, Queensland Barbarians, Victoria, Western Australian, and the 2 Kiwi teams, Kiwi Green and Kiwi red. These were the NZ Development team and the NZ A team respectively. Will is in Kiwi Green. Kiwi Green won their first two games with Will scoring their first goal of the event, and he defended beyond expectations. They lost their next 3 games, then won their final to be placed 5th out of the seven teams. The Kiwi Red team came 3rd. Will also scored the final goal for their team, and was highly commended by the commentators and others. The Tournament was won by Queensland with NSW 2nd. These Australian team, ranked 4th in the world, is dominated by Queensland and NSW players. The MVP from the last world cup, plays for New South Wales.

The final game of the trip was the Ditch cup, essentially a test between Australia and New Zealand. Will didn't make that team. NZ lost 2 nil, however given recent scores between the two countries with margins in Australia's favour of up to 20 goals, this years result was a significant upset and has Australia concerned about New Zealand's massive improvements.

It was an exciting, successful and fulfilling trip. All players improved beyond recognition over the 4 days, including Will, who now has sights set on making the A team and NZ Ditch cup team.

Going forward, Will is probably going to Sydney in January to play in the Australian Club champs.

Thank you again for your support. Believe me it is very much appreciated.

Peter van Vroonhoven
Jo van Vroonhoven
Will van Vroonhoven





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would like to thank
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