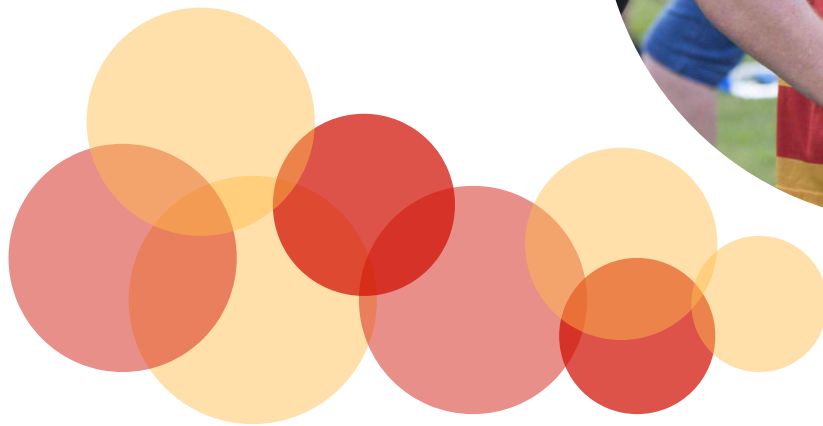




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parafed waikato

Newsletter

July - September 2018



welcome

from your Parafed Officer

Hello and welcome to the third edition of the Parafed Waikato Newsletter for 2018. This newsletter celebrates the success of our athletes and shares their stories.

What an exciting few months we have had. Our Wheelchair Basketball and Wheelchair Rugby teams have both won their National tournaments, what a great achievement having Waikato teams at the top of both of those sports! We also celebrated our 50th birthday and celebrated in style. You can read about it in this issue.

This newsletter is packed with interesting things that are happening with Parafed Waikato and remember we now have Ross Flood a roving reporter so if you have a story that you think needs covering let us know and Ross will get on to it. Check out his story on Troy Robertson in this issue. Ross has a wealth of newsletter experience having been editor of the CP Society newsletter for many years.

Remember all sporting information can be found at our website at www.parafedwaikato.co.nz

Thanks to everyone who contributed to this newsletter. My email is david@parafedwaikato.co.nz if you would like to share your sporting story in the next issue. Also if you know of anyone who would like to get this newsletter please email their details to david@parafedwaikato.co.nz

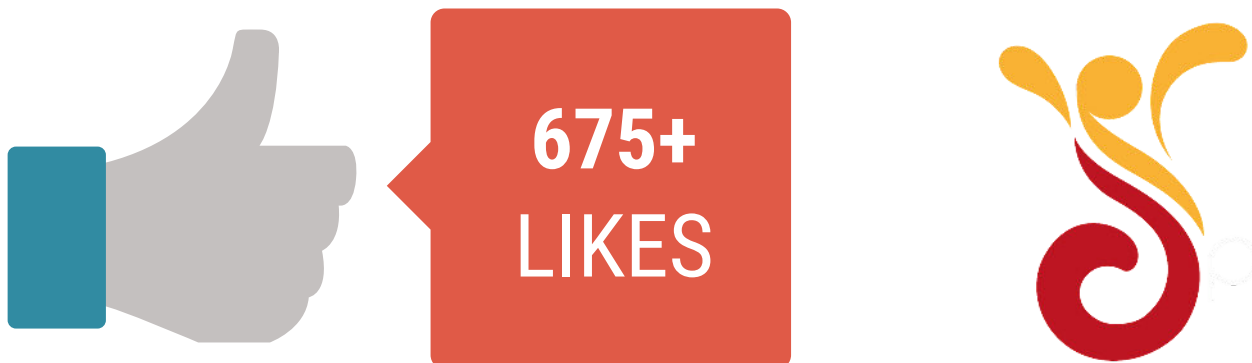
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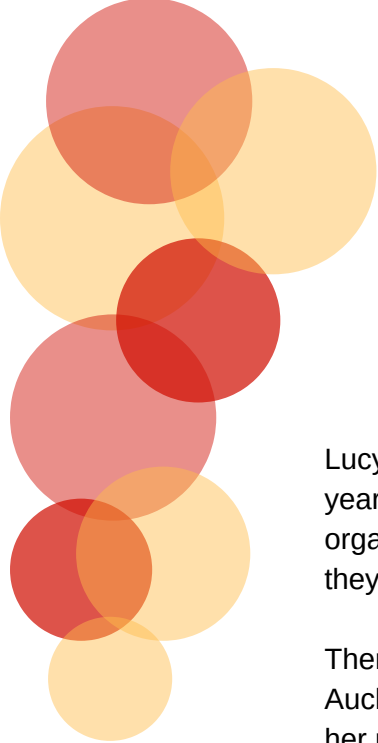
parafed waikato

on the Web

If you haven't found our Facebook page yet go to www.facebook.com and search for Parafed Waikato or click the Facebook icon below. "Like us" and you will be kept informed of all of the latest Parafed events and information.

All of our other information and membership forms can be found at our website www.parafedwaikato.co.nz





message

From the Board

Lucy Anastasiadou -Hobbs and Tiffiney Perry have been Co-Chairing Parafed Waikato for 4 years now and we have seen many changes within the disability sector as well as in our own organisation during this time. Tiff and Lucy both brought different skill sets to the board and they felt it was a task that was more enjoyable to take on jointly.

Therefore it is now with mixed feelings that we must farewell Lucy as she has moved her life to Auckland and the time has come to fly solo for Tiffiney. We will miss Lucy's fiery Greek spirit, her passion and dedication to Parafed Waikato.

On that note we would also like to thank Chris Harvey another extremely dedicated Parafed Waikato board member who has stepped down from the board. We thank Chris for his long serving commitment to Parafed Waikato and we know he will remain helpful with Parafed projects from time to time. We will miss his direct approach and jovial demeanour at board meetings.

At the AGM we welcomed three new people to our board, these are Viv Young, Amy Dunn and Peter Klinkhamer. We want to thank and welcome these new board members. Thanks also to the rest of the Parafed Waikato board for your voluntary time and commitment to running our organisation. It is your time and effort that enables many activities and events to happen for our members and our club is going from strength to strength.

bequest

Leave a Legacy

Our organisation started operating when one of our member's left a bequest to Parafed Waikato. A bequest is your special gift to help Parafed Waikato to facilitate opportunities to Waikato's physically disabled and visually impaired that are global, national, local, competitive and social. Help to create a lasting legacy for generations of disabled people to improve their life quality through active participation.

Maybe you could consider leaving a gift to Parafed Waikato in your will.

We would like to invite you to visit the following link:

<https://parafedwaikato.co.nz/wp-content/uploads/2017/08/Bequest-Intention-Form.pdf>





parafed turns 50

What an Evening!

Parafed Waikato celebrated our 50th Anniversary at Hamilton Gardens on Saturday 29th September and what a great night it was. The evening was hosted by the very entertaining MC Mark Bunting who also gave a couch interview with some of our younger athletes Jacob Phillips, Jesse Reynolds and Sam Perry.

Present on the night was Olympic Gold medalist Rob Waddell who gave us an uplifting speech and who also presented some special awards to some well deserving Parafed members.

It was fantastic to see so many members and supporters in the one room celebrating everything Parafed Waikato has meant to them. The room looked amazing thanks to the trusty 50th Committee of Sue Fookes, Maree Phillips, Chris Harvey, Cathy Wooller. There were many people who played a part in organising and contributing to a special evening.

Lifetime memberships were awarded to:

Peter Martin

Tiffiney Perry

Chris Harvey

Stewart Wragge – in his absence, Bruce Tocker accepted his award on his behalf.

Service to Disability Sport in the Waikato awards were presented to:

David Klinkhamer- Recognition of service to Fitness Revolution

Bev Savage - Recognition of service to Field Athletics

Bev Savage on behalf of Murray Savage - Recognition of service to Athletics

Peter Klinkhamer - Recognition of service to Wheelchair Rugby

We would also like to thank Carla Parry for her clever graphic art skills with our invitations, table programmes, photo boards and slideshow and Natasha Budd for methodically organising all of our ticket sales.

Finally we would like to thank our fantastic sponsors: Sport Waikato, C1 South, Seating to Go, Perry Investment Management, Brian Perry Charitable Trust, Trust Waikato, Life Unlimited, Direct Group Uniforms, HealthCare New Zealand, Amber Nurseries and Academy School of Floristry.

More photos can be found on our Parafed Waikato Facebook Page.





parafed turns 50

What an Evening!





upcoming events

Don't miss out

Adaptive Rock Climbing

13th October - Extreme Edge Rock Climbing, Greenwood Street, Hamilton.

17th November - Extreme Edge Rock Climbing, Greenwood Street, Hamilton.

Halberg Games

5th-7th October - Kings College, Auckland.

Activ8 Wheelchair Tennis

13th - 14th October - Hamilton

Parafed Christmas Party

December Date TBC - Hamilton

If you need more information about any of these events please contact info@parafedwaikato.co.nz





fitness revolution

Get Fit

Fitness Revolution is for physically disabled people, including those with visual impairments, to improve their fitness, coordination and overall well-being.

The programme runs on Tuesdays and Thursdays from 1:30pm until 2:30pm at Athlete Nation, 502 Grey Street, Hamilton East.

For more information on the programme or to register for a session please contact David Klinkhamer 07 858 5388, 027 212 5496 or david@parafedwaikato.co.nz

The programme is sponsored by Life Unlimited. For more information on Life Unlimited and their range of services please see their website www.lifeunlimited.net.nz



membership

If you are not already a member or to renew your membership please go to our website www.parafedwaikato.co.nz

- Full Membership \$35
- Junior Membership \$20
- Social Membership \$20



wheelchair basketball

National Champions!

The Waikato A Wheelchair Basketball team won the Wheelchair Basketball National Champs held at Tauranga.

There were two pools and on the Saturday Waikato A came up against Canterbury in the final round for the day and lost 64-38.

On Sunday the first game was a playoff off across two pools for first and second and Waikato beat Auckland A in a tough match.

This put Waikato through to the final against Canterbury again which was a tough ask. The final was a tough contest with plenty of drama.

Waikato's star shooter Sheldon Larson had a mechanical fault with his chair just before half-time.

The Canterbury star import player was then fouled out with five fouls.

The final score was a reversal of the day before and Waikato played with great composure to win 69-38.

The champions: Sheldon Larson, Brendan Mes, Danny McBride, Maioro Barton, Jesse Apiti, CJ Takiari, Dave Venter, Tiffiney Perry, Mark James and Robbie Hewitt.





troy robertson

by Ross Flood

Successful start to a promising career

Nineteen year old BC3 player, Troy Robertson, has made a huge impression on the boccia scene, in a very short space of time.

“A friend from school first introduced me to boccia and suggested I join him and others at the weekly boccia night they hold at a local school,” said Troy.

As an avid sports follower he was excited to find a sport he could compete in on even terms.

“My first ever competition was in October of 2017, where I represented Waikato at the New Zealand National Boccia Tournament. This is where I first met and paired up with Greig Jackson and we won gold together in the pairs, I also won bronze in the individual section. I have also competed at the North Island championship where I won the gold, and the Australian National Boccia Tournament where Greig and I won gold in the pairs.”

Next up is the NZ nationals in October, and if sponsorship can be secured, Troy has been invited to attend November’s Taipei Regional Championship, in Taiwan.

Troy regards veteran BC3 player Greig as a mentor and appreciates Greig’s willingness to share his wealth of knowledge and experience which includes perseverance, tactical strikes and on court maneuvers.



troy robertson

by Ross Flood

He also appreciates the invaluable support of his ramp assistant, Manaia Sanerivi who has been with him since he started playing at the elite level.

“Manaia and I spend a lot of time planning and adjusting equipment both at home and on the practice court, which is vital for her to understand exactly what I want and need in order to play quickly and efficiently, on court.”

Troy feels he is making steady progress but is always working on weak areas to hone his skills. With his new ramp, sponsored by Boccia NZ, and a recently purchased set of custom made boccia balls he is continuously adjusting, altering and fine tuning his equipment in order to maximise efficiency.

As well as the on court experience boccia has given him the chance to travel and meet some amazing people around New Zealand and Australia.

Troy’s sporting partnership with Greig Jackson is a strong one, full of exciting possibilities. Both players have the potential to make an impression in the boccia world both individually and as a pair.





activ8 lawn bowls

by Lynda Bennett

Over the weekend of 18/19 August Parafed Waikato ran their second Activ8 Singles Lawn Bowls Tournament. There were two sections with the Blind playing against each other and the Disabled playing in the other section.

Day One saw Sue Curran the winner of the blind with three wins for 25 points and Garry Taylor, the winner of the disabled with three wins and 52 points. Sue lost her first game on the Sunday to Kay Wood by 4, but still managed to hold first place in the blind with Sally Marston coming runner up.

In the Disabled section Chen Naude beat Garry Taylor in a very tight game, by one and then I beat Gary by six. I won the Disabled section with Chen Naude coming runner up.

I was the only person to win all five games over the weekend and became the eventual overall winner of the tournament. It was good to see Ron Symes and Glenn Hanneman all the way from Auckland joining us.

Its also very pleasing to see the vast improvements in two of the blind bowlers, Sally Marston and Kaye Wood. Huge improvements were witnessed in Jeremy Smithies games against me.

Once again a big thanks to Parafed for paying for the hireage of Frankton Railway Bowling Club and for the certificates. A big thanks also to Joe Curry for organising the draw and the caterers.





activ8 tennis

Enter Quick!

2018 ACTIV8 WHEELCHAIR TENNIS TOURNAMENT

DATES Saturday 13th and Sunday 14th October
The AGM will be held on Saturday at 10.30am followed by lunch provided. Play begins at 12.30pm. Play all day on Sunday 14th.

LOCATION Perry Tennis Arena, Dey Street, Hamilton

EVENTS Gender Neutral Singles & Doubles

ENTRY FEE \$40 PER PLAYER

CLOSING Wednesday 10 October

ENTRY FORM

NAME _____

ADDRESS _____

PHONE _____ EMAIL _____

EVENTS ENTERED SINGLES DOUBLES

DOUBLES PARTNER _____

Please tick if you require a partner

Please send your entry to Nikki Howlett: nikkishewry@yahoo.com

Note: All local entries must be current Parafed Waikato Members.

Payment details: NZWT account 03-1557-0437685-000 with reference "Activ8"



wheelchair rugby

National Champions!

The DG Sport Waikato Stampede won 51-50 in overtime against Counties Manakau Wheelchair Rugby who showed their experience and brought us a great final.

It was an awesome weekend for the DG Sport Waikato Stampede and was good that we could defend our National title!

Thanks again to all of our supporters and volunteers who helped out. Also thanks to Brian Perry Charitable Trust and to DG Sport we couldn't do it without you!

The team are:

3.0 Cameron Leslie
2.0 Andrew Harrison
2.0 Blair Whitaker
2.0 Robbie Hewitt
1.5 David Klinkhamer
1.0 Gareth Lynch
1.0 Mitchell Simpson
0.5 Chris Moore

Mechanic: Peter Klinkhamer

Manager: Calvin Hewitt

Assistant manager/Warm up specialist: Robert Verner

Teamwork makes the dream work!



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para-shooting

Shooters Wanted

Our Parafed Waikato shooting club are looking for some more members. We have a great programme and some shooters with huge potential but would love more people to join us.

Dave Sheely who who has coached our members from beginners right up to Paralympic level has now taken on a mentoring role and Larry Faaaliga has taken up the role of coach.

We would like to thank Dave Sheely for his contribution to the sport over the years and are glad to be able to have his knowledge as a mentor now that he is not doing the hands on coaching.

Our club shoots at the Hamilton Pistol Club, Airport Road on Thursdays 6pm-8pm. Contact david@parafedwaikato.co.nz for more information.





world champs

by Robbie Hewitt

It had been a long campaign but finally the 2018 Wheelchair Rugby world champs had arrived. The Wheel Blacks road to get to the Worlds had been one with many ups and downs. To just qualify for the Worlds earlier in the year the Wheel Blacks went to Switzerland where a top 4 finish was a must. The Wheel Blacks played some good rugby and finished in a very good 2nd place. But it was exciting to finally have the games starting and get into playing a tournament with the best 12 teams in the world. These included New Zealand, Australia, Japan, USA, Canada, Great Britain, France, Sweden, Ireland, Poland, Denmark and Colombia. The Wheel Blacks were drawn in Pool A alongside Australia, Japan, Denmark, Sweden and Ireland.

On the back of some tough training camps and reasonable success at the qualifier the Wheel Blacks were optimistic about their chance of rattling a few of the bigger team's feathers. We flew out on Thursday the 2nd of August to the beautiful Sydney with limited build up and a warm up game against Poland we sat in the changing rooms getting prepared to take on world number 1 Australia in the opening game of the tournament.

The Wheel Blacks are like a little brother to Australia so we were under no illusion that they would come out fast and relentless and try to dominate us early in front of their home crowd. Unfortunately we had no answer to Australia's 2 big guns their 3.5's Ryley Batt and Chris Bond. Showing some never say die New Zealand attitude the Wheel Blacks gave it a crack right up to the end whistle but were eventually well beaten 66-36.

The Wheel Blacks knew it wouldn't get any easier with Monday having 2 games the 1st being against current world number 3 Japan. The Wheel Blacks made a much better start and looked a far better team than the one that played Australia the day before. Japan are not world number 3 for no reason and showed their class eventually running out winners 56-37. Next up in the evening saw the Wheel Blacks take on a European power house Denmark. Right from the opening whistle you got the feeling that this game could go right down to the wire. And to the wire it went. Two evenly matched team's butted head for 4 quarters with neither team able to pull away from the other. Unfortunately it was not to be the Wheel Blacks day. With 11 seconds on the clock the Wheel Blacks had one last play to draw it up and send it to over time but alas 11 second was not enough time and eventually lost 55-54 in a heart breaker.





world champs

by Robbie Hewitt

With more games to go in the tournament the Wheel Blacks had to lick their wounds and get up to play a plucky Irish team next. Ireland confident after beating the Wheel Blacks in the final of the qualification tournament came out strong against the Wheel black in the opening quarter. The Wheel Blacks however were able to absorb the initial onslaught and give it straight back to the Irish over powering then to win 52-42.

The good result against Ireland meant both the Wheel Blacks and Sweden had everything to play for in the last pool game with the winner going on to play off for the 5th-8th spots and the looser playing off for 9th- 12th. And much like the Denmark game this provide to be a ding dong battle. The Wheel Blacks jumped out to a 2 point lead at quarter time. The Swedish had drawn it up by half time then taken a 2 goal lead at 3 quarter time. The Wheel Blacks had pulled it back to 1 in the dying stages of the game but as hard as we tried could not force the turnover we needed to tie the scores with the Swedish taking the win 54-52.

The loss unfortunately meant a cross over game vs Columbia for the lower placings. In a game where the Wheel Black dominated for most of the game by rotating line ups and changing tactics the wheels fell off in the last 1.30 minutes and Columbia came storming home to send the game to overtime. Great for the crowd not so great for the nerves. After the 1st over time period the teams could still not be separated so off to a 2nd overtime it went. The game was to follow the same pattern as the other close games the Wheel Blacks were involved in and the Columbians took the much needed turnover to win the game 61-59.

The tournament was drawing to a close and on finals day and the Wheel Blacks had drawn Ireland for the 11th-12th playoff. Everyone wants to win on finals day and even though this is not the playoff the Wheel Blacks wanted to be in but we sure didn't want to lose it either.

Much like the previous encounter in Pool play the Wheel Blacks would come out the victors 51-40 and finish a disappointing 11th.

Even though the results were extremely disappointing and we lost 3 close heart breaking loses. The Wheel Blacks will need to toughen up and learn to win the close games. It was an honour to represent both Waikato and New Zealand at a world championship event. A huge than you to Parafed Waikato, The New Zealand Rugby Foundation, COBRAS and Waihou rugby clubs, DG Sport, Waikato Rugby Union, friends and family and everyone else out there that has supported me with rugby to get me to where I'm at. Without your support I couldn't have the opportunity to play international wheelchair rugby.

Thanks again.



dance

by Life Unlimited

Any reservations Waikato University student Courtney Richmond had about leading a dance class of young disabled people soon disappeared as each of the young dancers began to emerge from their shell.

It was in July last year Courtney volunteered to lead a six-week contemporary dance programme in Hamilton as part of Life Unlimited Charitable Trust's Sport Opportunity after-school activities, which provides opportunities for young people living with disability to get involved in a range of sports.

"So it's not the fact that they're getting better at dancing – which they are – but they're getting more confident in themselves. They're growing as people."

Courtney felt more self-assured when she returned to facilitate the dance programme for Life Unlimited in term two this year. She had since participated in community classes delivered by renowned inclusive performance company Touch Compass, which Courtney says "set my soul on fire".

"I haven't really been involved in an all-ability class other than facilitating them, so I was able to see the other side of the coin and participate and see what it was like to work with other people.

"The knowledge I gained from that enabled me to be a better facilitator because I was able to see: oh, that's what that feels like; what that sounds like. And definitely things like the sort of language that was used, because language is a very important part of inclusive processes. Instead of using 'do this' and 'do that' – it's 'let's try this', 'let's try that'.

"I think anyone can dance, everyone has that potential. And it might not always look pretty but we can do it.

Everyone can nod their head to the beat and I think that's been reaffirmed since working with Life Unlimited.

"I learned just as much from them as they learned from me."



para-cycling

by Sophie Iremonger

Cambridge cyclist Eltje Malzbender has returned from the Para-cycling Road World Championships with more than one reason to smile, having made a top placing as well as smashing her goal with an unexpectedly fast time on the trike, reports Sophie Iremonger for the Cambridge News.

The German-born New Zealand resident of well over a decade was competing at the event in Italy just two years after receiving a traumatic brain injury which radically changed her life, leaving her in the lowest level of coma which people can recover from, with fractures to the vertebrae in her neck and no expectation from doctors to walk or talk again.

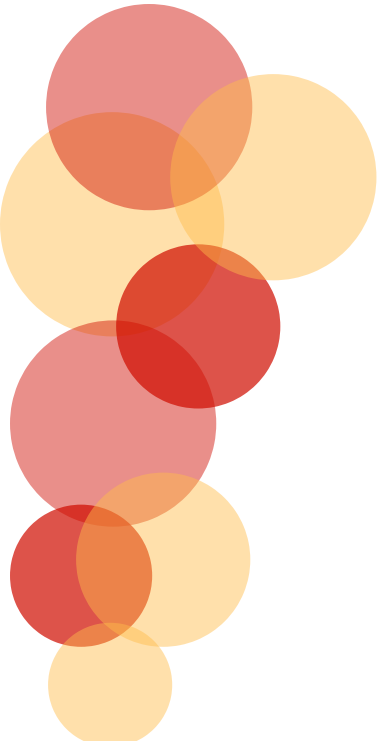
Having entered the T1 para category meant Eltje could have John cycling behind her, warning her of upcoming corners and changes in course. For some reason she was classed as a T2 athlete in the competition, despite being undoubtedly classified as T1 in New Zealand, and having entered under T1. But although she likely had more setbacks than her T2 competitors, she finished 5th overall in the division, and one can only imagine that her incredibly fast time would have landed a first-place finish in the T1 division.

Eltje said the best part of the experience was not only her fast race time, but the “awesome” support of the New Zealand Para Cycling team. “Everybody pitched in and helped us do well, and made us feel comfortable,” she said. “If anything, the whole time in Italy I actually felt less disabled, because I had their support. And when I thanked them, they said ‘that’s just what we do’.”

“I’m particularly grateful to my coach Blandy and to John, who have been doing the hard yards with me.” Eltje also wished to sincerely thank the donators and supporters who helped to fund the trip.

The experience in Italy not only showed Eltje that she can handle the physical pressure of flying at high altitude, adjusting to a new time zone and functioning in the intense 38-degree Italian heat, but it also contributed towards her long-term goal of competing in the 2020 Tokyo, by helping to earn her international classification.





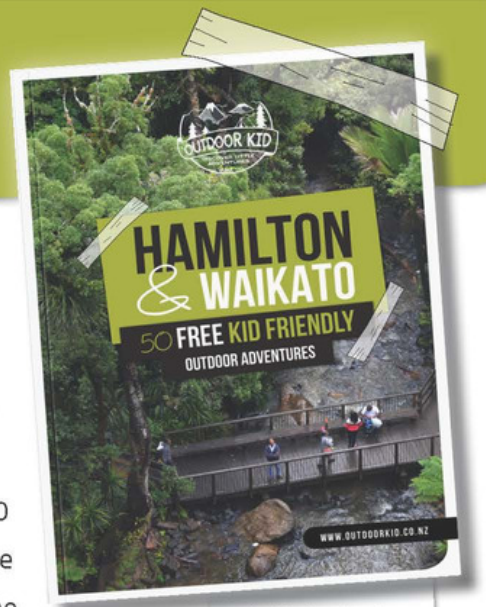
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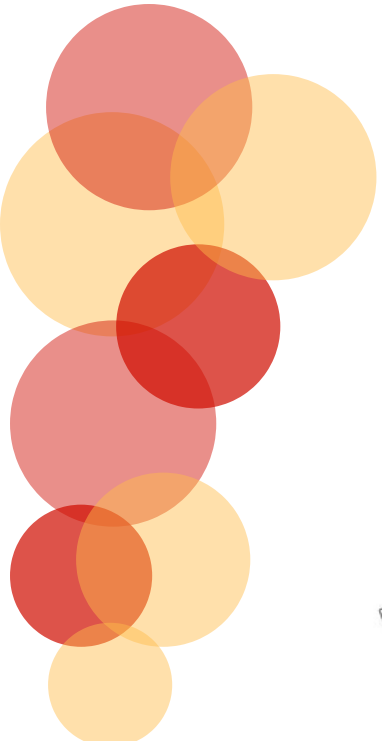
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