

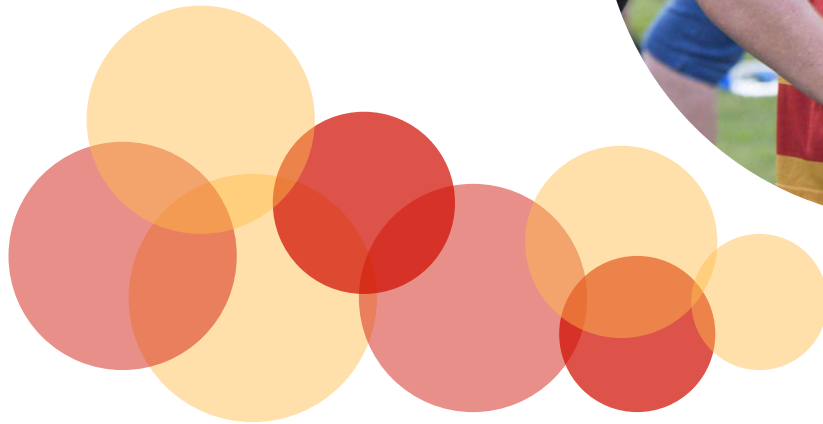


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parafed waikato

Newsletter

April - June 2018



welcome from your Parafed Officer

Hello and welcome to the second edition of the Parafed Waikato Newsletter for 2018. This newsletter celebrates the success of our athletes and shares their stories.

It's now time to renew your membership so go to www.parafedwaikato.co.nz and sign up or email david@parafedwaikato.co.nz for a membership form. If you do this before 1st of October you get the earlybird discount.

This issue is packed with interesting things that are happening with Parafed Waikato and we have the usual reports about our various sports. We now have Ross Flood a roving reporter so if you have a story that you think needs covering let us know and Ross will get on to it. Check out his story on Carol Armstrong in this issue. Ross has a wealth of newsletter experience having been editor of the CP Society newsletter for many years.

Remember all sporting information can be found at our website at www.parafedwaikato.co.nz

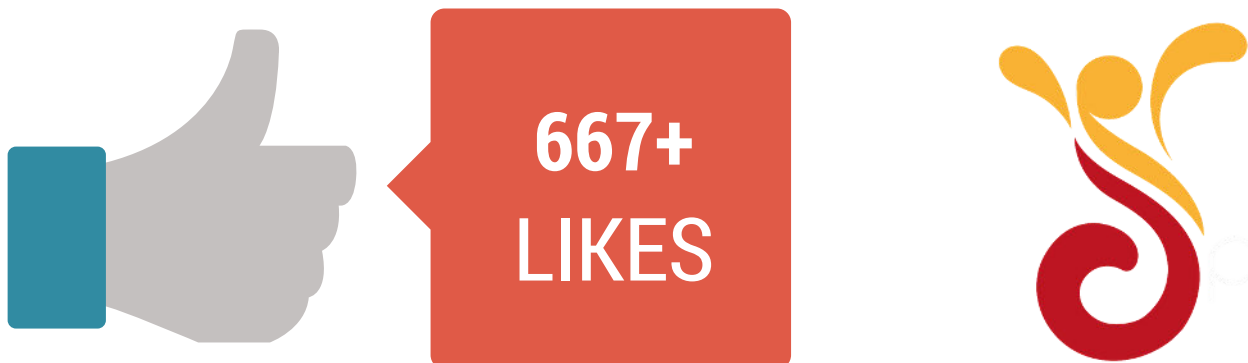
Thanks to everyone who contributed to this newsletter. My email is david@parafedwaikato.co.nz if you would like to share your sporting story in the next issue. Also if you know of anyone who would like to get this newsletter please email their details to david@parafedwaikato.co.nz

David

parafed waikato on the Web

If you haven't found our Facebook page yet go to www.facebook.com and search for Parafed Waikato or click the Facebook icon below. "Like us" and you will be kept informed of all of the latest Parafed events and information.

All of our other information and membership forms can be found at our website www.parafedwaikato.co.nz





message

From the Board

Happy Mid Seasons Greetings everyone. Hope you are all keeping warm in the winter!

This year we are looking forward to celebrating our 50th anniversary with you all! Please keep the evening of Saturday 29th of September marked as busy for our celebration at the Hamilton Gardens. It will be a special day to remember. More information to come!

Also on August 23rd we will hold our AGM at the St Andrews Golf Club at 7pm – All welcome!

We would like to thank Larry Faaaliga and Wayne Crosby for their time on the Parafed board for the last 2 and 3 years. Wayne also volunteered a lot of his time officiating in basketball and wheelchair basketball and we thank him for that and wish him well as he heads overseas. Larry is still involved in shooting so we recommend you give him a call if you have ever wanted to take up this sport!

We also want to invite you to come and join our board. We need more hands and help to assist our members to play their sport and we would appreciate any interest. Please contact us and come to the AGM.

Thanks
Tiffiney and Lucy – Co Chairs PW

bequest

Leave a Legacy

Our organisation started operating when one of our member's left a bequest to Parafed Waikato. A bequest is your special gift to help Parafed Waikato to facilitate opportunities to Waikato's physically disabled and visually impaired that are global, national, local, competitive and social. Help to create a lasting legacy for generations of disabled people to improve their life quality through active participation.

Maybe you could consider leaving a gift to Parafed Waikato in your will.

We would like to invite you to visit the following link:

<https://parafedwaikato.co.nz/wp-content/uploads/2017/08/Bequest-Intention-Form.pdf>





parafed turns 50

It's time to Celebrate!

Please join us for a fun night at the Hamilton Gardens Pavilion where you will enjoy a buffet dinner, special awards presentations and a band to entertain you.

We are privileged to have Rob Waddell as our Guest Speaker and Mark Bunting as our M.C. This is a significant event for Parafed Waikato. We need you there to help us celebrate our past and present members achievements over the last 50 years.

You don't need to do anything yet! An invitation will be sent out shortly with more details and tickets will go on sale on 1 August 2018.





upcoming events

Don't miss out

Adaptive Rock Climbing

21st July - Extreme Edge Rock Climbing, Greenwood Street, Hamilton.
18th August - Extreme Edge Rock Climbing, Greenwood Street, Hamilton.
15th September - Extreme Edge Rock Climbing, Greenwood Street, Hamilton.

Lawn Bowls Activ8 Tournament

August 18-19 Frankton Railway Bowling Club, Riflerange Road, Hamilton.

Wheelchair Rugby Tournament

August 31st NZ Nationals - Auckland

Wheelchair Basketball Tournaments

25th July- 12 September - Waikato Social League, Hamilton Boys High School
22nd/23rd September - WBNZ Nationals - Tauranga

Parafed Waikato 50th Celebration

29th September - Hamilton Gardens Pavilion

If you need more information about any of these events please contact info@parafedwaikato.co.nz





fitness revolution

Get Fit

Fitness Revolution is for physically disabled people, including those with visual impairments, to improve their fitness, coordination and overall well-being.

The programme runs on Tuesdays and Thursdays from 1:30pm until 2:30pm at Athlete Nation, 502 Grey Street, Hamilton East.

For more information on the programme or to register for a session please contact David Klinkhamer 07 858 5388, 027 212 5496 or david@parafedwaikato.co.nz

The programme is sponsored by Life Unlimited. For more information on Life Unlimited and their range of services please see their website www.lifeunlimited.net.nz



membership

If you are not already a member or to renew your membership please go to our website www.parafedwaikato.co.nz or email membership@parafedwaikato.co.nz for a form.

- Full Membership \$50 (\$35 if paid before 1st October)
- Junior Membership \$30 (\$20 if paid before 1st October)
- Social Membership \$15





waterworld

Site Visit

On Thursday 14 June, Parafed board members Chris Harvey and Peter van Vroonhoven met with Shane Drury at the Waterworld renovations. Shane is the Hamilton City Council project manager for the project. Parafed Waikato was concerned about the lack of input our community had into the accessibility aspects of the project's design.

After contacting the project team, they advised the project architect had incorporated a number of accessibility features including ramps to the new raised concourse around the 50m pool, and had purchased a Poolpod. This is an English designed device developed for the London Olympics providing a roll on platform that lowers wheelchair users into the water. It is considered the leading product of its type globally. Our concerns were primarily around the gradient of one of the ramps and a lack of hoists around the pool, as the Poolpod will not meet everyone's needs.

The pros and cons of these features were considered by the Board and feedback was provided to Hamilton City Council. While we congratulated them on their efforts, we had some concerns which led to the meeting on site at the pools.

A number of suggestions were made by Chris and Peter which were well received by Mr Drury who promised to discuss these with the wider project team.

As well as supporting a range of sport and recreation options for its members, Parafed Waikato felt it was important its members needs were considered in this major project for the city. At the time of writing we are waiting to hear the outcome of our input.

Photo. Left rear - Shane Drury, HCC, Right Rear, Peter van Vroonhoven, front, Chris Harvey.



carol armstrong

by Ross Flood

Carol steps down but can't let go.

Carol Armstrong has stepped down from her volunteer role at the Hamilton Boccia club. However she has made it quite clear that the sport will always be close to her heart and she be always willing to support future projects.

"The Boccia fraternity has become a second family to me, full of unique characters, who are often overlooked. There's no way I can let that part of my life go," said Carol, accompanied with a beaming smile.

Since 2015 she has played a major role in re-establishing the Hamilton club and leaves it in a strong position. However her association with the Paralympic sport extends back to the distant past. In fact her involvement was almost immediate upon her arrival in 1998 from Edenderry, Ireland.



She discovered boccia at her first job at Auckland's "Creative Abilities," where the clients were keen on this indoor bowling activity. She soon realised that this was far from just a social activity. The game had rules and international opportunities for those who were skilled and enthused enough to take their game to the next level and beyond.

Around the time of the 2000 Paralympics in Sydney Carol, herself, reached out to the next level, especially in the area of refereeing. Boccia NZ created a role to establish a refereeing base and once Carol was appointed the coordinator she soon had a group of fledging officials ready to learn.

Carol had an active involvement in the 2003 World Boccia champs in Christchurch. She even revealed another of her amazing talents when she sang the NZ National anthem.

Carol further advanced her involvement in officiating or as stints as team manager in Canada, Malaysia, Korea and Rio where she was honoured to be manager in 2005, when NZ won team gold, at the World Champs.

Whether officiating overseas or throughout NZ, Boccia NZ appreciates the ground work Carol has done over the last 20 years. Keep in touch Carol.

Hamilton Boccia training is every Tuesday evening 5.30 --- 7pm at FAIRFIELD COLLEGE. COME AND HAVE FUN. IT'S FREE.

It can either be a social occasion for you or a more competitive environment. Two of our members Troy Robertson and Vishal Chandra have just won gold at the Australian Nationals, so there are potentially overseas trips for you, once you reach a certain standard skill level.

activ8 lawn bowls

by Geoffrey Carseldine

Over the weekend of the 23-24th June the Parafed Waikato Activ8 Lawn Bowls competition was held at Frankton Railway Bowling Club with some great bowls played on both days. It was great to see so many new and existing bowlers.

BLIND SECTION

WINNER - Spencer Stacey

RUNNER UP - David Monk

MOST IMPROVED - Susan Tukariri

DISABLED SECTION

WINNER - Garry Taylor

RUNNER UP - Marion Elvers

MOST IMPROVED - Jeremy Smithies

Overall winner of both sections was Garry Taylor.

A big thank you to Joe Curry, and his team at Frankton Railway Bowling Club for all the hard work that made the tournament a success. We are all looking forward to the next event to be held on 18-19th August. Also a big congratulations to Lynda Bennett, who was not able to play in this tournament as she was at Bowls Waikato prize giving on the Saturday receiving her gold stars for winning five centre events. Thank you also to Lynda Bennett for coming along to present the awards.



halberg games

by Cathy Wooller

2018 Halberg Games - Friday 5th October - Sunday 7th October

Hi everyone, my name is Cathy Wooller and I'm very excited to be appointed as this year's team manager for the Halberg Games (Junior Disability Games). They will be held on Friday 5th October - Sunday 7th October at Kings College in Auckland.

The Halberg Games is an annual three day National sports tournament open to 8-21 year olds with a physical disability or visual impairment. It is a fantastic opportunity for young athletes to experience an authentic Games village environment with opening and closing ceremonies. Athletes compete in regional teams and have the opportunity to enjoy the thrill of competition and try new sports.

Sports on offer for 2018 are: Ambulant Football, Archery, Athletics, Badminton, Blind Cricket, Boccia, GoalBall, Golf, Powerchair Football, Rowing, Swimming, Table Tennis and Wheelchair Basketball. Gymnastics will also be making its debut.

So, let's get an awesome team together and have some fun! This is your chance to make new friends and set new sporting goals.

If you're interested, please contact Cathy by email cathywooller37@gmail.com or phone 027 3180497.

More information can be found at www.halberggames.co.nz.



para-shooting

Shooters Wanted

Our Parafed Waikato shooting club are looking for some more members. We have a great programme and some shooters with huge potential but would love more people to join us.

Dave Sheely who who has coached our members from beginners right up to Paralympic level has now taken on a mentoring role and Larry Faaaliga has taken up the role of coach.

We would like to thank Dave Sheely for his contribution to the sport over the years and are glad to be able to have his knowledge as a mentor now that he is not doing the hands on coaching.

Our club shoots at the Hamilton Pistol Club, Airport Road on Thursdays 6pm-8pm. Contact david@parafedwaikato.co.nz for more information.



wheelchair rugby

by David Klinkhamer

Over the weekend of the 16-17th of June the DG Sport Waikato Stampede went to Palmerston North for the second round of our Wheelchair Rugby Competition. There was tough opposition but we gave it our best and came away with the silver medal. We were looking good in our new uniform from DG Sport. Thanks DG Sport for keeping us looking sharp.

The final results were:

1st Auckland
2nd Waikato
3rd Canterbury

The team are:

4.5 Calvin Hewitt
3.0 Cameron Leslie
3.0 Robert Verner
2.0 Robbie Hewitt
2.0 Blair Whitaker
1.5 David Klinkhamer
0.5 Tim Young
0.5 Chris Moore

DG Sport

DirectGroup
Uniforms
www.directgroup.co.nz



PERRY
BRIAN PERRY CHARITABLE TRUST

Waikato Wheelchair Rugby would like to thank Brian Perry Charitable Trust for a generous donation that will go towards our National Championships in August. We really appreciate the support and hope to defend our title! Thank you so much!



parking issues

by Life Unlimited

Inconsiderate parking makes footpaths unusable.

Cars obstructing footpaths are not only illegally parked, they put other people at risk says disability advocate John McIntosh. "Motor vehicles that are parked over footpaths are a potential hazard for everyone, especially for people with disabilities, people with mobility issues, older people, children and parents with prams. "In many cases pedestrians may be forced to walk on the road into oncoming traffic – something that young children don't have the skills to judge very well – or they may have to walk over gardens or uneven terrain which poses a hazard for those of us who are unsteady on our feet.

Both the Land Transport (Road User) Rules and the NZ Road Code say it is not legal to park a vehicle on any footpath or in front of any vehicle entrance - even if it is your own driveway. You are allowed to park a cycle, mobility device, or 'wheeled recreational device' on the footpath as long as it is not in the way of other users of the footpath and there is no sign that says otherwise.

If a vehicle is parked illegally they risk being served an infringement notice by the local council. The council could also have the vehicle towed, especially if it is parked in a way which is causing a major problem or safety hazard.

Peter McLean, who is a mobility scooter user, says vehicles parked on footpaths is more common than most people think. He encounters obstructed footpaths at least once a week. "I had an episode the other day. I had to virtually go right out on to the road. It's just not safe." Peter is also the host of the Daily Challenges show, a weekly radio programme on Waikato access radio station FreeFM. The aim is to talk about the challenges people face living with a disability and how it impacts on their life.





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parafed waikato

would like to thank
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