

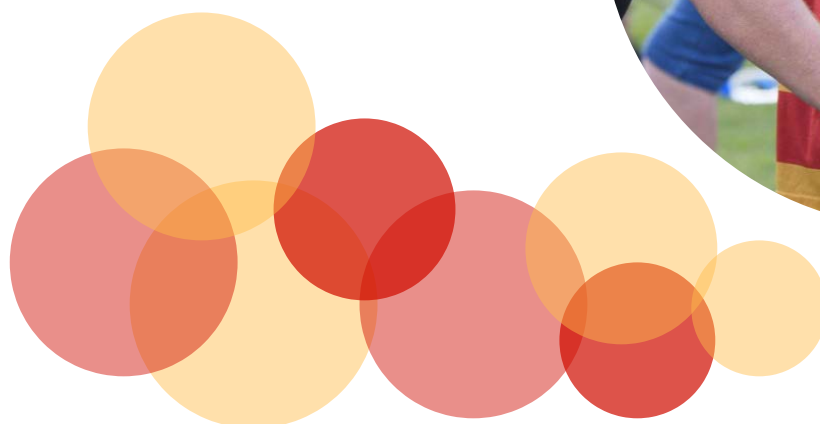


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parafed waikato

Newsletter

July - September 2017



welcome from your Parafed Officer

Hello and welcome to the third edition of the Parafed Waikato Newsletter for 2017. This newsletter celebrates the success of our athletes and shares their stories.

We have had a busy few months with our Activ8 tournaments and our AGM. In this issue you'll find all of the reports and stories covering what has been going on over the winter months.

We have a few big events coming up including the Halberg Junior Disability Games. Parafed Waikato have a good sized team registered and are looking forward to competing against the other regions from around New Zealand.

Best of luck to all of our athletes competing at National Championships in the next couple of months. Our wheelchair rugby team was victorious at their Nationals in Christchurch a few weeks ago. Read about in this issue.

Remember all sporting information can be found at our website at www.parafedwaikato.co.nz

Thanks to everyone who contributed to this newsletter. My email is david@parafedwaikato.co.nz if you would like to share your sporting story in the next issue. Do you know of anyone who would like to get this newsletter? If so please email their details to david@parafedwaikato.co.nz

Cheers, David

parafed waikato on the Web

If you haven't found our Facebook page yet go to www.facebook.com and search for Parafed Waikato or click the Facebook icon below. "Like us" and you will be kept informed of all of the latest Parafed events and information.

All of our other information and membership forms can be found at our website www.parafedwaikato.co.nz





message

from the Board

We held our annual general meeting on Thursday 17th of August 2017. It was a special event as Paralympics New Zealand presented to Peter Martin his PNZ Order of Merit for his contribution to the disability sector. We would like to congratulate Peter for his Order of Merit. A 'small block' farmer in Matangi, raised in the central north island, married to Anna and a well-deserved PNZ Order of Merit Member.

A new board was nominated and agreed. We will miss Hamish Ward who stepped down but want to thank Hamish for his fantastic contribution the last four years. We are sure that Hamish will still be a member and a great supporter of Parafed Waikato.

We would like to welcome Peter van Vroonhoven to our board. Peter brings a range of different skills and will be a great asset to our board. The board now consists of: Tiffiney and Lucy, Chris, Maree, Sue, Larry, Wayne and Peter.

Our organisation started operating when one of our member's left a bequest to Parafed Waikato. A bequest is your special gift to help Parafed Waikato to facilitate opportunities to Waikato's physically disabled and visually impaired that are global, national, local, competitive and social. Help to create a lasting legacy for generations of disabled people to improve their life quality through active participation.

Maybe you could consider leaving a gift to Parafed Waikato in your will.

We would like to invite you to visit the following link:

<https://parafedwaikato.co.nz/wp-content/uploads/2017/08/Bequest-Intention-Form.pdf>

Have a great spring.





upcoming events

Don't miss out

Wheelchair Basketball National Championships

September 23rd-24th, ASB Baypark Arena, Mt Maunganui.

Wheelchair Rugby Activ8 Stampede League

September 4th-25th, Fairfield College, Hamilton.

Halberg Junior Disability Games

October 6th-8th, Kings College, Auckland.

Boccia National Championships

October 14th-17th, ASB Stadium, Kilburnie, Wellington.

Halberg Adaptive Rowing Open Day

October 15th, Rowing NZ Headquarters, Lake Karapiro, Cambridge.

Lawn Bowls Disabled Nationals

19th-23rd November, Palmerston North

If you need more information about any of these events please contact info@parafedwaikato.co.nz



fitness revolution

Get Fit

Fitness Revolution is for physically disabled people, including those with visual impairments, to improve their fitness, coordination and overall well-being.

The programme runs on Tuesdays and Thursdays from 1:30pm until 2:30pm at Athlete Nation, 502 Grey Street, Hamilton East.

For more information on the programme or to register for a session please contact David Klinkhamer 07 858 5388, 027 212 5496 or david@parafedwaikato.co.nz

The programme is sponsored by Life Unlimited. For more information on Life Unlimited and their range of services please see their website www.lifeunlimited.net.nz



membership

If you are not already a member or to renew your membership please go to our website www.parafedwaikato.co.nz or email membership@parafedwaikato.co.nz for a form.

Full Membership \$50
Junior Membership \$30
Social Membership \$15





message

from your JDG Team Manager

It's just over a month, before we head up to Auckland to compete in the Junior Disability Games. Thanks to all of you that have registered for the games. If you haven't registered yet, registrations will still be accepted till mid September, but wont include a t-shirt.

Fees for the games are to be paid to Parafed Waikato, with JDG and the participants name as reference please. Parafed Waikato bank account number : 03-1556-0072418-00

The Halberg Junior Disability Games is a national three day sport competition for physically disabled and vision impaired young people (eight to 21 years). The Games are a unique event in New Zealand, athletes compete in regional teams and have the opportunity to enjoy the thrill of competition and healthy comradery. Participants experience an authentic Games village environment and or an opportunity to pursue a sporting goal.

This years Halberg Junior Disability Games will be held Friday 6th October - Sunday 8th October in Auckland.

More information can be found at www.juniordisabilitygames.co.nz

Thanks
Brenda Worsop

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life unlimited

Tiffiney Perry appointed to charitable trust board.

Life Unlimited Charitable Trust has appointed former Paralympian and New York Marathon handcyclist champion Tiffiney Perry to its board replacing long-standing board member Andrew Smith.

Perry said she was “excited” by her appointment to the trust board.

“I am looking forward to learning more about the many services that Life Unlimited offers to people in the community that need assistance, whether it be hearing, mobility, autistic needs and community support.”

Perry is a trustee of the Brian Perry Charitable Trust, which supports community projects in the Waikato and partners with organisations to build stronger communities. She is the current co chair of ParaFed Waikato and is also secretary of New Zealand Wheelchair Tennis.

She has represented New Zealand at the Athens Paralympics in 2004 playing wheelchair tennis. More recently, she has represented New Zealand in handcycling at various world cups and world champs around the world. Last year, she won the female handcycle category of the New York marathon in 2 hours 03 minutes and 58 seconds.

Board chair John Dobson said Perry brought governance skills and a first-hand experience of what it means to be disabled.

“Our vision as an organisation is ‘Living independence for everyone’ and Tiffiney is a perfect example of that.”



para-cycling

Nikita Howarth

PARALYMPIC NZ TRACK CYCLE SQUAD TRAINING WEEKEND CAMBRIDGE AVANTI DROME 19 – 20 AUGUST

Local Paralympian Nikita Howarth swapped the goggles for the bike at the recent Paralympic cycle camp at the Cambridge Avantidrome.

The cyclists had an intensive weekend of training on and off the track along with technical engineering work on the bikes.

Twelve years ago the glitter of Sarah Ulmer's gold inspired her to reach the top. It was at a school assembly in 2004 when a visit by the Olympic cycling champion planted the idea in Nikita's head that she too wanted to win gold. That day, Nikita went home from school and jumped on her bike, riding for hours, messing up the front lawn as she set about becoming a top cyclist. Then someone mentioned swimming was a sport suited for the young, so she set about the pool, with the idea that cycling could be an option down the track.

In the pool Nikita has done very well competing at both the London and Rio Paralympic Games. Nikita took on an incredible schedule of four events at the Rio 2016 Paralympic Games, she set 3 season bests and 2 personal best times. With gold and bronze medals, Nikita was New Zealand's third most successful Paralympian in Rio, amongst a stand out team of 31 Paralympians.

Nikita currently holds one World record and four Oceania records.



life unlimited

After-school programme a winner.

The Sport Opportunity After School programme is in its third term since Life Unlimited took over running the programme at the end of 2016.

The popular programme provides sporting opportunities twice a week for children and young people with physical and learning disabilities between the ages of 5 and 21.

Part of its popularity is down to the new and exciting programme delivered each term with the help of local sporting clubs. This term participants are taking part in badminton, indoor athletics, dance and boccia.

Life Unlimited community support manager and Black Fern, Honey Hireme, oversees the programme and given her sporting background, often participates as well.

"I find this programme inspiring. It's a good way for kids to be exposed to different sports. It's delivered by a range of clubs and the people really get involved with the children.

"What I really like is the children themselves, both with physical and intellectual disabilities, are very caring of each other, they embrace and help each other and celebrate success in a unique way.

"It's not about winning or losing, it's about participating. They have a real sense of achievement," said Hireme.



wheelchair rugby

by Robbie Hewitt

The DG Sport Waikato Stampede went into their pinnacle event for the year the New Zealand Nationals optimistically confident. The squad involved the same people that took the DG Sport Waikato Stampede to second position in the WRC tournament with the addition of a world class player from Denmark named Leon Jorgensen to strength the team.

This year the Nationals proved to be very competitive with any of the four strong teams from Canterbury, Auckland, Drake Medox Royals and DG Sport Waikato Stampede being capable of winning.

DG Sport Waikato Stampede made a strong start to the competition by playing some mistake free rugby to eventually ground out a comfortable 62-48 win over the Drake Medox Royals. The nature of the draw saw DG Sport Waikato Stampede back on court having back to back games this time taking on Canterbury that also had and international player from Canada. This match turned out to be an epic battle going goal for goal and neither team getting more than two goals ahead. Inspired play from Cameron Leslie and Leon finally saw DG Sport Waikato Stampede take the win by one goal 53-52. A great first day for DG Sport Waikato Stampede saw them sit top of the table with two wins from two games.

Continued below...



Robbie Hewitt, Chris Moore, Cameron Leslie, Blair Whitaker, David Klinkhamer, Leon Jorgensen, Tim Young



wheelchair rugby

by Robbie Hewitt

Armed with a sleep in DG Sport Waikato Stampede were refreshed and ready to take on Auckland. Fantastic play from Tim Young and Blair Whitaker saw DG Sport Waikato Stampede easily beat Auckland 62-32. In a strange turn of events DG Sport Waikato Stampede had drawn to play Auckland again in the afternoon this time in the semi-finals. With the prize of playing in the final up for grabs Auckland came out strong and really took it to DG Sport Waikato Stampede being neck and neck at half time. With it all on the line DG Sport Waikato Stampede changed tactics and got the ascendancy on a very gallant Auckland team finally winning 55-49.

With a final spot assured DG Sport Waikato Stampede celebrated the birthday of there long time mechanic and all round good guy Peter K with a fantastic Indian meal. After a good meal and a great night sleep DG Sport Waikato Stampede were ready to take on Canterbury in the final. After the epic battle between these to teams in pool play the fans were ready for a final to remember. The final lived up to everyone's expectations. Toing and froing the whole game until DG Sport Waikato Stampede won the key moments in the 3rd quarter and in winning them won the final over a very good Canterbury team 56-53. In going through the tournament unbeaten DG Sport Waikato Stampede were well recognised in individual awards with David Klinkhamer winning best 1.5, Cameron Leslie winning best 3.0 and Leon Jorgenson winning MVP.

In only losing the WRC final DG Sport Waikato Stampede had the best season in their clubs proud history only losing one game and going on to be New Zealand Low Point champions, WRC runners up and New Zealand National champions.



DG SPORT
WAIKATO STAMPEDE

2017 Low Point National Champions

2017 WRC Competition Runners Up

2017 New Zealand Wheelchair Rugby National Champions

2017 Season 15 wins - 1 loss

TEAM WORK MAKES THE DREAM WORK

pnz order of merit

Peter Martin

Peter Martin awarded Paralympics New Zealand Order of Merit.

At our Parafed Waikato AGM Lynette Grace from PNZ came and awarded Peter Martin a Paralympics New Zealand Order of Merit badge.

Peter has been very successful in athletics and wheelchair rugby and has won multiple Paralympic medals and broken world records over his long career.

Peter has also given a lot back to disability sport through coaching and his work on various committees.

Congratulations Peter, you are thoroughly deserving of this award.



wheelchair tennis

by Brendan Mes

Over the weekend of the 2nd and 3rd of September, ParaFed Waikato hosted their Activ8 Tennis Series. This saw eight athletes from Auckland, Waikato, Manawatu and Christchurch compete to win in Both Mixed Doubles.

Great Tennis was played by all with a number of matches going to Tie Breakers.

Activ8 Singles was won by Glenn Barnes of Christchurch with the Runner Up being Danny McBride of Waikato.

Activ8 Doubles was won by Danny McBride and Brendan Mes of Waikato with the Runner Up's being Glenn Barnes of Christchurch and David Sheriff of Auckland.

It was great to see the two teams from the Invictus group join us and we wish them luck as they depart to Orlando to compete in the Invictus Games.

Thank you to Tiff and Nicki for organising such a great tournament and to Chris, Danny and Jack for cooking a great BBQ on both days and fuelling all the athletes.

Thank you also to everyone who attended the AGM and volunteered to be part of the Wheelchair Tennis New Zealand Committee.





lawn bowls

by Lynda Bennett

Over the weekend of 11-12th June our Activ8 Lawn Bowls Tournament was held in Hamilton at the Frankton Railway Bowling Club.

Although numbers were down a little from the previous year there were some very tight and interesting games. One game especially was the game between Stacey Spencer from Auckland and a new member Chen Naude. Chen had to score three shots on the last end and miraculously he proved he will be the person to watch in the next games. Day one involved people playing three games each and then on Day two the top 8 went into one division, leaving 6 in the second division. In the disabled section Lynda Bennett won the top division with three wins and a total of 29 points. Next came Chen with two wins plus 8. Danny Simon won the blind section with three wins and Stacey Spencer was runner up.

Once again a big thank you to Parafed for supplying the trophies and David for making the Activ8 Lawn Bowls competition.

The full results were:

Overall winner: Lynda Bennett
Blind Bowls Winner: Danny Simon
Blind Bowls Runner Up: Spenser Stacey
Disabled Bowls Winner: Lynda Bennett
Disabled Bowls Runner Up: Chen Naude

Our second Parafed Waikato Activ8 Lawn Bowls was held over the weekend of 26-27th August. It was another lovely weekend hosted by Joe Curry and the Frankton Railway Bowling Club. Again there was great bowling and a nice social time with a dinner together on the Saturday night.

The results from this competition were:

Overall winner: Lynda Bennett
Disabled bowls winner: Lynda Bennett
Disabled bowls runner up: Jeremy Smithies
Blind bowls winner: David Stallard
Blind bowls runner up: Danny Simon
Consolation draw winner: Chen Naude
Consolation draw runner up: Sally Marston

Congratulations everyone!





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