

PATHWAY CYCLING

EXPLORE

Experience the joy of Cycling or Handcycling. Parafed Waikato has bikes available for you to try. If you are under 21 years of age the Halberg Trust Disability Foundation has an Activity Fund that may be able to assist you in getting a bike.

LEARN

Learn to ride with other Parafed cyclists or with your family and friends.

SOCIAL PARTICIPATION

Ride for your own enjoyment. Our Parafed cyclists ride regularly and you can join with them or choose your own route.

COMPETITIVE PARTICIPATION

Join an inclusive cycling club e.g. Morrinsville Wheelers and compete in everything from club rides up to National Championships. In the Waikato we have our Activ8 competition which is usually held each year in March. There are also opportunities to compete in events across the Tasman.

PERFORM

Get your times down and submit them to the International Cycling Union. Get an A or B standard and get noticed by Paralympics New Zealand.

EXCEL

Earn the opportunity to represent New Zealand as an international cyclist or handcyclist. Compete as part of the NZ team in events such as Paralympic Games, World Cups and World Championships.

